

6th Hands-On Laparoscopic Suturing Course; From Basics to Expert Suturing

The Dudley Group
NHS Foundation Trust



Friday 9th December 2016 08:30 - 16:30

Course Description:

This is the *sixth* one day intensive practical workshop, delivered by experts, providing lab-based practice of basic and advanced laparoscopic suturing using dry models.

Fee: £250 - Please note that there is a maximum of **20 delegates** (2 per work station).

Aimed at:

- Trainees or Consultants in Gynaecology, Urology, General Surgery
- Those with no or minimal prior experience or who wish to refine their pre-existing skills



Venue: Undergraduate Centre, North Block, 2nd Floor, Seminar Rooms 1 & 2, Russells Hall Hospital, Pensnett Road, Dudley, West Midlands, DY1 2HQ

Learning Objectives:

“Endoscopic suturing is a task that can be learned by operative trainees during short skills courses, regardless of baseline laparoscopic experience, Aggarwal et al; Surgery 2006.”

- To learn the fundamentals of laparoscopic suturing
- Safely introduce and pick up a needle to make a tissue bite
- Suture through tissues at a desirable depth and distance
- How to achieve an intracorporeal Surgeon's knot
- How to achieve a laparoscopic tumbled square knot
- Different sliding knots; Roeder's, Meltzer's, Weston
- Continuous suturing while maintaining the tension and completing the suture line

Benefits of Attending:

- Hands-on practical demonstration
- Intensive practice/ maximum laboratory time
- High trainer-delegate ratio
- Small group teaching
- Informal discussion
- Learning in a relaxed stress-free environment
- Feedback, valuable hints/ tips on a one-to-one basis
- Videos and live demonstrations of suturing
- Certificates

Feedback From Previous Course:

- **“Excellent”**
- **“Excellent course – very friendly and approachable team”**
- **“Recommended course – Well structured”**
- **“Enjoyed hands on course, enjoyed learning to tie knots, made me familiar with equipment”**
- **“Very useful course, trainers gave lots of good practical tips which was brilliant, will help me immensely in my practice”**
- **“Well explained, very clear, step wise approach”**
- **“It was great – good use of laparoscopic technique”**

Faculty

Mr Hassan Morsi

Course Organiser, Consultant Obstetrician & Gynaecologist. Special Interest; Minimal Access Surgery. Lead for Laparoscopic Gynaecological Surgery. Russells Hall Hospital, Dudley

Mr Graham Phillips

Consultant Obstetrician & Gynaecologist & Northern Deanery Regional Preceptor for Advanced Laparoscopy. James Cook University Hospital, Middlesbrough

Mr Aniruddha Chakravarti

Consultant Urological Surgeon, The Royal Wolverhampton Hospitals

Booking

Completed application forms and cheques (**payable to The Dudley Group NHS Foundation Trust**) to be sent to;

Ms Katrina Banks, Secretary to Mr Hassan Morsi, Consultant Gynaecologist / Obstetrician, Russells Hall Hospital, Dudley, West Midlands, DY1 2HQ

Tel: 01384 456111 Ext. 3524

Fax: 01384 244445

Email: Hassan.Morsi@dgh.nhs.uk

Katrina.Banks@dgh.nhs.uk

Supported by:

STORZ
KARL STORZ – ENDOSKOPE

How to get here

Please visit: <http://www.dgoh.nhs.uk/how-to-find-us/russells-hall/>

for a map and information on hospital address, car parking, train and bus connections. Once you arrive through the hospital's main reception, walk past Costa Coffee until you reach the main corridor. Then follow the sign 'West' by turning left. Walk down the corridor following the signs 'North Wing'. You will then see a sign for 'North Wing' where you should turn right. Walk down the 'North Wing' corridor till you reach the lifts. Take the lift to the 2nd floor and as you exit the lift the 'Undergraduate Centre' will be on your left.

For car parking information please visit: <http://www.dgoh.nhs.uk/patients-visitors/car-parking/>

For hotels near Russells Hall Hospital please copy & paste this address into your browser:

http://maps.google.co.uk/maps?hl=en&bav=on.2,or.r_gc.r_pw.r_qf.&bpcl=38897761&biw=1920&bih=933&wrapid=tlfl35386948331510&um=1&ie=UTF8&q=hotels+near+dy1+2hq&fb=1&gl=uk&hq=hotels&hnear=0x487090909e20dafb:0xe94f27cfad9e3a80,DY1+2HQ&sa=X&ei=vGiyUIuqIzL0AWS64HQBw&ved=0CJkBELYD

Programme

08:30 - 09:00	Registration / Coffee
09:00 - 09:45	Requirements for laparoscopic suturing; ports, needle holders, knot pushers & Ergonomics
09:45 - 10:15	<i>Demonstration:</i> Needle introduction, loading, handling, driving through tissue, needle extraction "The C Concept" Intracorporeal knots; continuous / interrupted / slip knot
10:15 - 13:00	Structured Suturing Tasks
13:00 - 14:00	Lunch
14:00 - 15:00	<i>Demonstration:</i> Extracorporeal Knots (Roeder's, Meltzer's, Weston)
15:00 - 15:30	Laparoscopic bladder/ureter injuries, types and what to do?
15:30 - 15:45	Tea / Coffee
15:45 - 16:15	Practical Skills training
16:15 - 16:30	Challenges of laparoscopic suturing (vaginal vault, myomectomy), how to make it easier & how to implement in your own practice?
16:30	Q&A, feedback and Course close

COURSE APPLICATION FORM

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Russells Hall Hospital, Pensnett Road, Dudley, West Midlands, DY1 2HQ

Friday 9th December 2016 (One day; 08:30 - 16:30)

Course organizer: Mr. Hassan Morsi, Consultant Gynaecologist/Obstetrician

Please complete using **BLOCK CAPITALS**

FORENAME(S): SURNAME:

MALE/FEMALE: DATE OF BIRTH:

ADDRESS:

TEL. No. (Day time): E-MAIL ADDRESS:

CURRENT APPOINTMENT:

DEPARTMENT: POSITION:

DIETARY REQUESTS:

Course Fee: £250.00 - The course fee includes lunch, refreshments, certificates and workshop folders.

Please return the completed application form with a cheque, payable to **The Dudley Group NHS Foundation Trust**, to:
Ms Katrina Banks, Secretary to Mr Hassan Morsi, Consultant Gynaecologist, North Wing, 2nd Floor, Russells Hall Hospital, Dudley, West Midlands, DY1 2HQ. Tel.: 01384-456111 Ext 3524, Fax: 01384-244445 Email: Hassan.Morsi@dgh.nhs.uk Katrina.Banks@dgh.nhs.uk

Places limited to 20 candidates – please apply early. Fees will not be refunded for any cancellations within 4 weeks of the course date

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