

# THE SCOPE

Newsletter of the British Society for Gynaecological Endoscopy



## SPECIAL EDITION

See you at the BSGE ASM 2017 Hull

**BOOK  
YOUR PLACE  
NOW**

the 6-week mark  
to book your leave  
is 4th April

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With the six-week deadline to book study leave for this year's ASM fast approaching, the Scope editorial team headed to East Yorkshire to find out more about the meeting and the city.

Think you know Hull? The posters questioned as I drew into the Yorkshire City. Think again.

So many people have preconceived ideas about Kingston upon Hull as being grim, northern and difficult to get to. But as I wandered through the cobbled streets of the historic old town, with galleries, cafes and art installations at every corner, I was forced to reconsider. The city I visited was vibrant, cosmopolitan and buzzing with culture. Yet it has maintained a grit and spirit that is quintessentially Yorkshire, and it still serves the freshest and finest fish and chips in the country!

Hull is the UK Capital of Culture in 2017, it has a thriving medical school, and has been named by the Rough Guides as one of the top ten places in the world to visit, alongside Amsterdam, Nashville and Mexico City.

*"Brimming with new hotels and restaurants, and even more of that distinctive home-grown creativity the city has always had. There are atmospheric old-timey pubs, eight excellent museums and a picturesque Old Town with cobbled streets."*

With excellent transport links, great meeting locations and a diverse and thought-provoking programme, Hull 2017 is not to be missed.

# “WHERE WE ARE NOW AND WHERE WE ARE GOING...”



The ASM 2017 will build on the firm foundations established at last year’s successful meeting in Cornwall. The chair of the local organising committee, past BSGE president, Kevin Phillips has put together a packed programme of lectures, debates, education, research and of course plenty of opportunity to socialise too.

Kevin, who is Chief Medical Officer of Hull and East Yorkshire Trust told the Scope that the conference was an opportunity for the society to consolidate its current position as a thought leader in advanced laparoscopy and in hysteroscopy, with sessions exploring issue including nerve-sparing endometriosis surgery and limiting patient pain in outpatient hysteroscopic procedures. However, it is also an opportunity to look forward. He said:

*“As a society, we need to look at how we best integrate with the RCOG and promote laparoscopic surgery for the benefit of women’s health. A presentation on the LapHyst project will open the conference. This is key to where we are going. The BSGE should be the main driving force behind moving hysterectomy to a position where it is performed laparoscopically as the default, not the exception. The conference will explore where we are now and how we can work in the future to reach this goal.*”

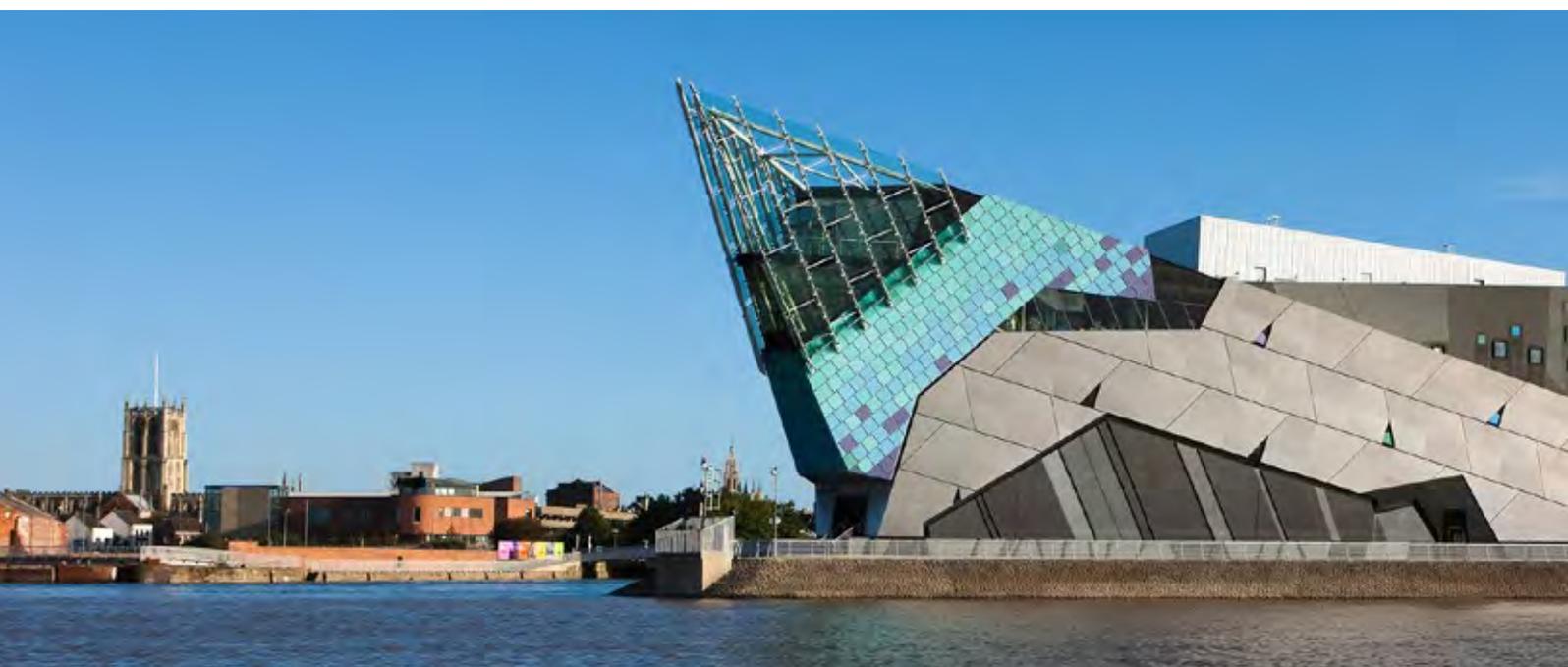


**Kevin Phillips**

*At the BSGE we are all converts, we now need to understand how to spread the message so that nursing staff, GPs and most importantly women understand the benefits of laparoscopic hysterectomy.”*

With a talk on the results of the BSGE UK national hysterectomy survey, a report on what we have learned from the LapHyst pilot and a no-doubt lively debate on whether the default method for TLH in Gynaecology should be robotic not conventional, we should start to understand exactly where we are now and where we are going.

So, book now to join the discussion, shape opinion and learn from your peers. The BSGE are moving to paperless registration this year and the good news is that fees for delegates have been frozen at 2016 rates. Check the website for further information and details at [BSGE2017.org](http://BSGE2017.org).





# LOCATION, LOCATION, LOCATION

The meeting will take place at the historic Hull City Hall, right in the heart of the city centre in Queen Victoria Square. It is perfectly located near the Maritime Museum, the Feren's Art Gallery and plenty of restaurants, shops and cafes. It is conveniently close to the station, so that those who choose to base themselves in the beautiful market town of Beverley or the pretty villages around the city can easily get around and about.

A reception and the BSGE annual gala dinner will be held in the stunning Guildhall, there will be music, drinks, fabulous food and table entertainment. If that's not enough, you'll be glad to know that the venue is close to Hull's top bars, clubs and music venues so you can continue to party 'til dawn and beyond.

Hull is busy and buzzing this year and the Hull Tourism Office has worked closely with the BSGE in reserving rooms at local hotels close to the conference venue. There are also lovely accommodation options outside in Beverley, Willerby and the villages circling the city. More information plus details of hotels can be found on the ASM webpage. There is a link to a dedicated reservation page.





# PROFESSOR ARNAUD WATTIEZ TO BE KEYNOTE SPEAKER AT ASM

Professor Arnaud Wattiez will deliver the prestigious Alec Turnbull Lecture at the upcoming ASM in Hull. The session on the first day of the conference is one of the not-to-be-missed items on a full and fascinating schedule.

Professor Wattiez is the former President of the European Society for Gynaecological Endoscopy and a world-renowned minimally invasive surgeon. His work is at the forefront of technical advances in endoscopic surgery. Over the years he has developed widely accepted techniques in the treatment of pelvic organ prolapse, endometriosis, and gynaecological oncology.

Sir Alec Turnbull was a Professor of Obstetrics and Gynaecology in Oxford and a key figure in the development of minimally invasive surgery in this country. Every year the BSGE organise a lecture at the ASM in his honour. The very first lecture was given more than a quarter of a century ago by Professor Jacques Donnez in 1990. That was in Hull, so this year it is returning to its roots in East Yorkshire.

Professor Arnaud Wattiez is also sharing his extensive knowledge and experience in what promises to be another enthralling session, entitled "Difficult hysterectomies: How to make the impossible possible." As to the content of the key-note speech, well, that is a closely guarded secret, you'll have to be there to find out!



# INDUSTRY SUPPORT



Tyrone Carpenter BSGE council member and Chair of industry relations subcommittee reported on industry presence at the upcoming meeting:

*"Industry support for the ASM this year has been outstanding, so much so that we are unable to accommodate all those wishing to be involved in the event. We have endeavoured to include not only the large international companies but also the smaller, independent companies thereby ensuring delegates are able to see a full range of products and innovations available. This ongoing strong relationship with industry enables us to keep costs to delegates down ensuring the two-day meeting is one of the least expensive national medical society meetings in the UK."*





# ENDOMETRIOSIS NURSE CONFERENCE

This will be the eighth year of the Endometriosis Nurse Conference; over that time, it has gone from strength to strength. The Scope spoke to Tamara Wilson who has helped put together an agenda designed to respond to the specific needs and wishes of the delegates, she said:

*“We wanted a programme that would take endometriosis nursing forward and allow us to define and develop the role”*

The conference is an invaluable opportunity for the endo nurses to further their education, discuss the latest treatment strategies and perhaps most importantly share and learn from each other’s experiences. The organising team are using the conference theme to answer the questions: “Where are we now and where are we going?”

With the BSGE specifying that there should be a dedicated endometriosis specialist nurse at each Endo Centre, it is a time of growth and evolution for role. Many people are working as endometriosis nurses as part of a wider job and at the moment everyone is doing different things. The conference should help delegates identify the key functions of the role, so that it can be more clearly defined and continue to gain in strength and efficacy to meet service needs. With sessions addressing the issues of consent, fertility, psychological interventions and a report on the recent BSGE survey on the Endometriosis CNS role, it is a meeting that should entertain, educate and inform.



## THE ROAD TO HULL

Hull has excellent transport links by road, rail and air. The fabulous Hull Trains whisk you from King’s Cross to the city centre in less than two and a half hours and there are also quick links to Manchester, Leeds, the Midlands and the North.

If you fancy taking the car and enjoying the Yorkshire scenery en route, Hull is well connected to the motorway network including the A1, M1, M18 and M62, by roads that are usually congestion-free. Having a car will also give you freedom to explore the beautiful Wolds villages around the city, the historic market town of Beverley nearby and the stunning city of York.

Hull is less than an hour’s drive from both Humberside and Robin Hood (Doncaster/Sheffield) Airports and Leeds Bradford airport is also no more than ninety minutes.

# PRE-CONGRESS MASTERCLASSES

The hugely popular pre-congress masterclasses will take place on May 17th at the state-of-the-art Clinical Skill's Centre, in a dedicated building at Hull Royal Infirmary. With an excellent faculty including Kevin Philips, Purva Makani and Jane Allen, sessions will include:

- **BSGE HOT laparoscopic skills**

This hands-on training session is back by popular demand, offering you the chance to train and test your laparoscopic suturing skills during a one-day workshop with an exciting prize offered to the top score achieved in the validated SUT+T assessment. It's never dull in Hull!



- **Simulation in gynaecological surgery, factors which can make the difference.**

This will include scenarios to challenge and human factors training. When something happens, what should you and the team do?

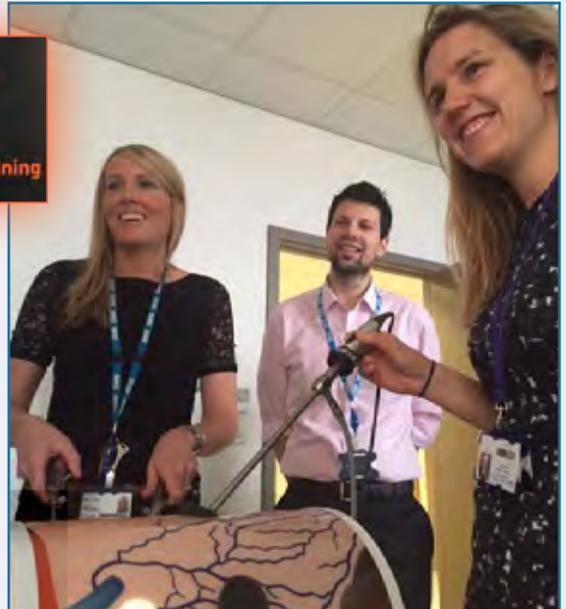
- **Hysteroscopy simulation training.**

The hysteroscopy workshop is an opportunity to get simulation training for operative hysteroscopic procedures. It will include presentations on outpatient hysteroscopy and workshops covering endometrial resections, ESSURE, ablation procedures and Myosure.

- **Making laparoscopic surgery happen and be financially viable in the modern NHS.**

A very hot topic with current financial pressures. This will include sessions on what surgeons want, what managers want and what companies want. It will also offer different contract options and how you bring all these possibilities together to present the case in your hospital.

These sessions are always well received, so register quickly to avoid disappointment.



Clinical Skill's Centre, Hull Royal Infirmary



# EVERYONE BACK TO OURS



This year Hull is the UK City of Culture and there is an extraordinary arts programme throughout 2017. There are exhibitions, shows, street theatre and concerts celebrating the unique character of the city, its people, history and geography. With the strapline “Everyone back to ours” it’s clear that hospitality and welcome are key.



Sam Hunt, Executive Producer of the city of culture project spoke to The Scope, saying:

*“The year of culture launched on New Year’s Eve with the ‘Made in Hull’ fireworks display. More than 350,000 people attended, making Hull the most popular visitor attraction in the country, beating Tate Britain, Tate Modern and the British Museum combined. The face and the feel of the city has been transformed and businesses have reported a huge upsurge, it is an exciting time to be in Hull.”*

Here are a few of the many things on at the time of the ASM in May:

- **“Depart”** a circus in a cemetery. This dark, gothic promenade performance will be a circus unlike anything you have seen before.
- **Skin:** A celebration of the human form at the Feren’s Gallery, featuring nudes nu Freud and 5000 Hullensians painted blue!
- **Richard III** a co-production between Northern Broadside and the renowned Hull Truck Theatre.
- **Travel photographer of the year exhibition.**
- **The Full Diamonty** a drag extravaganza!

Prefer literature, comedy or musical theatre? You’ll find more to stimulate the senses at <http://www.hull2017.co.uk/>



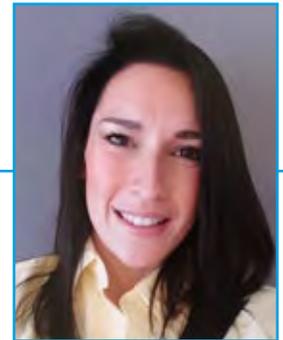
Depart



Richard III



The Full Diamonty



The ASM is a great time for trainees to get together, learn and develop their skills. It is one year since the inaugural meeting of the RIGS group in Cornwall and this year looks to be a particularly exciting meeting with the very first BSGE Pecha Kucha presentation.

Trainee Representative Donna Ghosh gives us the low down on this short and snappy new session style:

### Pecha Kucha

The 2017 BSGE ASM sees the launch of the novel and exciting Pecha Kucha session. Pecha Kucha is the Japanese term for 'chit-chat' and is a simple presentation format in which speakers present 20 slides, which advance automatically every 20 seconds. This ensures a fast-paced, concise and exciting presentation.

We have invited abstracts for the Pecha Kucha session under the ASM theme 'Where we are now and where we are going...' and have selected the most interesting titles and abstracts encompassing this theme. The presenter will pitch their controversial, original and thought-provoking ideas live to the audience. The audience will then vote for the overall 'Pecha Kucha' prize-winner.

We hope to see you in Hull to enjoy the very first BSGE Pecha Kucha session and cast your very important vote!



## RIGS INAUGURAL DINNER

The RIGS will be hosting the very first trainee dinner at the ASM. The event will be hosted by eminent keynote speaker Prof. Arnaud Wattiez and will take place at 19.30 on Wednesday, 17th May at 1884 Dock Street Kitchen.

The modern British restaurant has been described by Matthew Norman in The Telegraph as an *"Unusually exciting restaurant that does have class, is a contender, and will challenge for major titles from its waterfront berth for a long time to come."*

At only £20 a head, it's the perfect opportunity to wine, dine and mingle with other trainees, however there is limited space only so book now to ensure your place.



# 10

# TEN THINGS YOU DIDN'T KNOW ABOUT HULL

Still wavering about whether to book that study leave? The Scope has discovered a few of the Yorkshire city's secrets to tempt you to East Yorkshire. So, here are ten things you probably didn't know about Hull.

1



## Medical Marvels

Hull was the birthplace of over-the-counter staples like Bonjela, Lemsip and Gaviscon. It all goes back to 1856 when Thomas James Smith opened a chemist's shop in Hull and started selling cod liver oil to hospitals. Business prospered and is now Smith and Nephew, a FTSE 100 company and a successful billion-pound global medical devices business.

## Perfect puddings

You probably know that the Sunday Roast stars Yorkshire puddings hail from Yorkshire, let's face it, the clue is in the name. But did you know that Hull has got the world's largest Yorkshire pudding factory, producing a staggering 500 million every year? So if last year's ASM was all about the pasty, this year's will be about the pudding, with plenty of gravy.

2



## Musical Heritage

This year we said goodbye to the great David Bowie. Ziggy was definitely not a Yorkshire boy, but the Spiders from Mars were Hull born and bred. There's even a legendary nightclub in the city named after them, although it may not be the top nightspot for BSGE members to visit during the meeting.

3



4



## Deep and meaningful

Hull has the world's only submerium called the Deep. It's a stunning contemporary building overlooking the Humber. It's one of the biggest and best aquariums in the world, with deeper tanks that house more than three and a half thousand species including fabulous rays and sharks.

## Freedom fighter

One of Hull's most famous sons was William Wilberforce, the great politician, philanthropist, and leader of the movement to abolish the slave trade in the British Empire. He managed to live just long enough to see his life's work make a difference, dying in 1833, just after the act to free slaves in the British Empire passed through the House of Commons.

5



# 10

# TEN THINGS YOU DIDN'T KNOW ABOUT HULL

6



### Rebels and Republicans

Don't worry, I'm not talking about President Trump, I don't think he's a Yorkshire lad. Hull has a history of rebellion, King Charles I was actually forbidden from entering the city. This rule was made back in 1642 in a room that's now known as the Plotting Parlour and it eventually led to the English Civil war.

9



### It's good to talk

When you look at the phone boxes in Hull, you may be surprised that they are cream instead of the usual red. That's because Hull is the only city in Britain with its own phone network company. It's called KC, previously Kingston Communications. What would famous Hullensian, Maureen Lipman who famously played Beattie in the BT adverts think?

7

### Ship shape

As a waterfront city, Hull has a great ship-building heritage that goes back centuries. HMS Bounty, of mutiny fame, was built in the city. The vessel was purchased by the Royal Navy for £1,950 and set sail for Tahiti, the rest, is history.



8



### Sweet talk

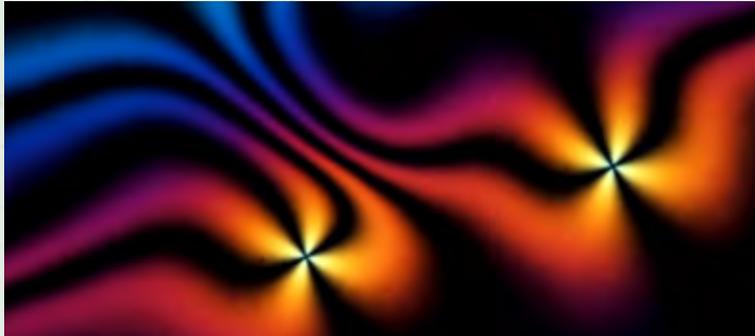
The boiled sweet was invented in Hull by city company Needler's.



### Techno town

The phone in your pocket and the screen on your wall are both possible due to a key technological discovery made by boffins in Hull University. Liquid crystals, provided the starting point for LCD displays, the foundation for today's laptops, smartphones and flat-screen TVs.

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# PROGRAMME OVERVIEW



Thursday, 18 May

08:15	Registration		
	<b>Mortimer Suite</b>	<b>Victoria Bar</b>	<b>Committee Room</b>
	Main Conference Room	Endometriosis Nurse Training	Meet the Expert
09:00-09:10	Welcome address Chair of Local Organising Committee- Kevin Phillips	Endometriosis Nurse Training	
09:10-09:30	Hysterectomy rate trend analysis; results of the BSGE UK national survey. Where are we now and where are we going... Krupa Madhvani		How to do outpatient hysteroscopy well Jonathan Lord
09:30-09:50	The BSGE Surgical Information Collection System: Registry for laparoscopic and hysteroscopic procedures: A new innovation by the BSGE. Justin Clark		
09:50-10:10	BSGE National Hysterectomy Training Programme: What have we learned from the LapHyst pilot? Mark Whittaker		How anaesthetic technique can help in laparoscopic surgery Dan Mikl
10:10-10:30	Difficult hysterectomies: How to make the impossible possible? Arnaud Wattiez		
10:30-10:40	Discussion		
10:40-11:00	Tea, Coffee and Refreshments		
11:00-11:30	Platinum sponsor lecture 1- Medtronic		
11:30-12:00	<b>Pecha Kucha (Chit Chat) Presentations 1-5</b>	Endometriosis Nurse Training	TLH for the larger uterus Mark Whittaker
12:00-12:30			How to make a surgical video PC Richard Keedwell
12:30-13:00	Debate: The default method for TLH in Gynaecology should be robotic not conventional laparoscopic surgery. For Robotic TLH: Thomas Ind For Conventional TLH: Alan Farthing		How to make a surgical Video MAC Jim Clark
13:00-14:00	Lunch		
14:00-14:30	Alec Turnbull Lecture – Arnaud Wattiez		
14:30-15:30	<b>Free Communications Oral presentations 6-11</b>	Endometriosis Nurse Training	<b>Video poster presentations</b>
15:30-15:50	Tea, Coffee and Refreshments		
15:50-16:20	Platinum sponsored lecture 2- Olympus KeyMed		
16:20-16:40	Will a bag be mandatory for morcellation? Kevin Phillips	Endometriosis Nurse Training	How to do a TLH Tom Smith-Walker
16:40- 17:00	Where are we with Simulation in Endoscopic surgery Training and where are we going? Sanjay Vyas		
17:00- 18:00	BSGE AGM 2017 – For BSGE members only		
19:15	Drinks Reception – Guildhall		
20:15	BSGE Gala dinner – Guildhall		

# PROGRAMME OVERVIEW



Friday, 19 May

08:30	Registration		
	<b>Mortimer Suite</b>	<b>Victoria Bar</b>	<b>Committee Room</b>
	Main Conference Room	Meet the Expert	Meet the Expert
09:00-09:20	Modern management of endometrial hyperplasia, where are we now. Mo'iad Al-Azzam	Lap Sacrohysteropexy Natalia Price	In bag Morcellation Thomas Ind
09:20-09:40	Limiting patient pain in outpatient hysteroscopic procedures, what next? Paul Smith	TLH in the obese patient Alan Farthing	Hysteroscopic morcellation and tissue removal Justin Clark
09:40-10:00	Negotiating the correct tariff for ambulatory gynaecology procedures and establishing your unit? How to get there. Stephen Burrell		
10:00-10:20	Good sex guide after gynaecological surgery Lynn Buckley	Structured dissection for excision of rectovaginal endometriosis Dominic Byrne	Surgical Information System; How it all works Zahid Khan
10:20-10:30	Discussion		
10:40-11:00	Tea, Coffee and Refreshments		
11:00-11:30	Platinum sponsor lecture 3- Stryker UK Ltd Alfred Cutner		
11:30-12:30	Free communications Video Presentations 12-17	Endometriosis Centres Meeting Chris Guyer	Video poster presentations
12:30-13:30	Lunch		
13:30-13:45	Presidential address		
13:45-14:00	Travelling fellows update	RIGS Meeting	Clinical Studies Group meeting By invitation only
14:00-15:00	Free communications Oral/Video Presentations 18-23		
15:00-15:20	Video Presentations 12-17		
15:20-15:40	Nerve sparing endometriosis surgery: practicalities and outcomes Shaheen Khazali		Guidelines meeting Elizabeth Ball By invitation only
15:40-16:00	Laparoscopic surgery for prolapse, where are we going? Alfred Cutner		
16:00-16:20	Laparoscopic surgery for the on call consultant. Current practice and the future. Tom Holland		
16:20-16:30	Discussion		
16:30-17:00	Awards for best presentations, closing remarks		
17:00	Close		

# ASM HULL SEE YOU THERE...



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BRITISH SOCIETY for GYNAECOLOGICAL ENDOSCOPY

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